



Emmett Judo Club

51st Annual Judo Tournament

USJF Sanction #23-04-02

Saturday, April 1, 2023

Emmett High School

721 W. 12th St. Emmett, Idaho 83617

ELIGIBILITY:

- Current registration and insurance with **USJF** or **USJA***.
- Proof of **USJF** or **USJA** registration is required*.
- **USJF** registration forms will be available at the registration table.
- All waivers and entry forms must be properly completed to be accepted.

*Due to recent withdrawal from the AJADCA, **USJF** events are no longer permitted to accept USA Judo membership for eligibility in **USJF** events. A \$35, discounted from \$70, membership is available for USA Judo members for a limited time at www.usjf.com/registration/ or in-person.

ENTRY FEES:

- \$30.00 for your primary division.
- \$5.00 for additional divisions (Separate Entry form required for each division).

REGISTRATION / WEIGH-IN Schedule:

- March 31, 2023 from 7:00pm-8:30pm, all divisions
- April 1, 2023 from 8:00am-11:00am
 - Juniors ages 8 & under must be registered before 8:30am
 - All other Juniors must be registered before 9:30am
 - Seniors registration 9:30am to 11:00am

EVENT SCHEDULE:

Saturday, April 1, 2023

8:00am - 11:00am

Registration & Weigh-in

8:30am - 9:20am

Referee Meeting, Black Belt Room

9:30am - 10:00am

Opening Ceremonies

10:00am

Competition begins

REFEREES & OFFICIALS:

- All referees & table officials are asked to attend the meeting at 8:30am.
- Radios will be utilized, please bring a radio and earpiece if you have them.
- All referees are requested to conform to the proper IJF dress code with the following exceptions:
 - A white polo shirt with dark gray slacks & black socks will be required.

METHOD OF ELIMINATION:

- A true double elimination system will be used.
- Round-robin brackets utilizing a point system may be used in divisions with 4 or less contestants.

CONTEST RULES:

- All Current IJF Contest Rules will apply with the following modifications:
 - The CARE system may be utilized.
 - Pre-2014 gi requirements will apply for non-brown/black belt divisions.
 - Chokes (shime-waza) are only allowed for competitors 13 years & older.
 - Competitors who elect to move up a division are subject to the rules of that division.
 - Arm locks (kansetsu-waza) are allowed only in the Brown Belt and Black Belt Divisions.
 - Mat contest area will be 6m x 6m with a 3m safety area (4m between contest areas).
- Footwear is required at all times when not on the tatami mats!

UNIFORMS:

- The "White" contestant will wear a white judo gi & a white belt. The white contestant may wear their grade belt if blue contestant wears a blue judo gi.
- The designated "Blue" contestant may wear a blue judo gi with their grade belt or a white judo gi with a blue belt.
- Blue & white belts will be provided.

TOURNAMENT HEAD REFEREE

- Aref Hashem (USA Judo National Referee)

TOURNAMENT DIRECTOR

- Samuel Suyehira

AWARDS:

- Awards will be given to 1st, 2nd, & 3rd place finishers in each division.

ACCOMODATIONS:

Holiday Hotel 1111 So. Washington Ave. Emmett, Idaho 83617
(208) 365-4479. Rooms are limited.

THE TOURNAMENT DIRECTOR RESERVES THE RIGHT TO MAKE ANY CHANGES THAT WILL BE IN THE BEST INTEREST AND SAFETY OF THE COMPETITORS.

QUESTIONS?

Contact: Samuel Suyehira 208-369-0225(c)

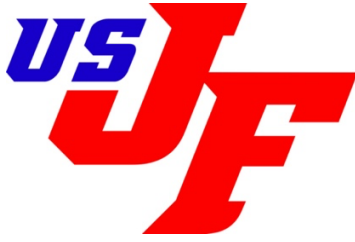
AGE & WEIGHT DIVISIONS:

- All contestants will be grouped in divisions according to their age, weight & rank.
- Excessive weight players may be moved up an age division with the consent of their coach & parents.
- Novice Divisions (yellow and lower) will be formed if enough contestants qualify to form a bracket. (Junior/Intermediate divisions)
- All contestant must compete in their own age/weight division prior to competing in another higher division.
- Black belt division players must be 2 kyu rank or higher.

INDIVIDUAL EVENTS:

	Junior Divisions					Senior Divisions		
Age	5-6 / 7-8	9-10 yrs	11-12 yrs	13-14 yrs	15-16 yrs	17+ Sr. Novice	*Brown Belt	*Black Belt
Match Time	2 minutes	3 minutes	3 minutes	3 minutes	4 minutes	4 minutes	4 minutes	4 minutes
GS Time	2 minutes	2 minutes	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
Shime-Waza	No	No	No	Yes	Yes	Yes	Yes	Yes
Kansetsu-Waza	No	No	No	No	No	No	Yes	Yes

* Divisions may be combined depending on number of entries.



UNITED STATES JUDO FEDERATION

Medical Committee

Mailing Address: PO Box 338
Ontario, OR 97914-0338

Telephone: (541) 889-8753

FAX: (541) 889-5836

Internet: www.usjf.com

USJF Medical Committee - COVID Update 10/2022

Effective immediately, the following shall apply to all USJF Dojos and all USJF events, local and national:

Testing:

1. USJF events will follow jurisdictional COVID-19 guidelines provided by the local/state health department and/or appropriate government entities
2. COVID testing is not a requirement from the USJF national office
3. Testing *may* be required at the discretion of the event medical director, depending on local conditions
4. International competitors from outside the United States will need to follow COVID-19 Testing and other protocols as required by the US State Department/CDC.

Vaccinations:

1. There is no COVID-19 vaccine requirement for athletes, referees, staff, vendors, or spectators. However, COVID-19 vaccines are highly encouraged.

Masking:

1. Masking should follow local/state health department guidelines
2. There is no masking requirement from the USJF national office

Symptom Screening:

1. Symptoms screening, visitor logs, or temperature checks are not required
2. Symptom screening *may* be performed at the discretion of the head sensei, or event medical director
3. Individuals actively experiencing symptoms including fever, cough, sore throat, and fatigue should not practice/participate

Hygiene:

1. Continue to sanitize/wash hands frequently
2. Clean mats and equipment regularly

Returning to Activity after COVID Infection:

1. Members who were asymptomatic or had mild symptoms may return to activity on a gradual basis after an appropriate period of isolation. Please visit the CDC website for isolation guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html> [cdc.gov]
2. Members who require hospitalization or experience new or prolonged cardiopulmonary symptoms should consult with their personal physician BEFORE returning to activity
3. If you have any questions or concerns, please consult your personal physician